



spa blu<sup>sm</sup>

enliven your spirit.



**enliven your spirit**



## restore

Personal restoration takes many forms at spa blu: sumptuous steam, rooms, opulent rain showers, even a soothing whirlpool at the foot of a water wall. And in the hands of our therapists and technicians, the easy confidence of a fresh look takes good feelings to the next level. If it's time to unwind, look no further than spa blu.

### restore in shades of blu:

This completely customizable day of rest involves an exfoliation, body mask / wrap and massage of your choice. Of course, we have suggestions and we'll almost always recommend a foot massage.



## energize

Energize yourself with the lively side of a spa experience. Our professionals will scrub you, rub you, steam you, preen you and send you off with an invigorating glow. Even hop on a treadmill or bike in our fitness center for a truly revitalizing experience. If renewed energy is your goal, spa blu is just the place.

### energize in shades of blu:

Invigorate any way you choose with your very own customizable day of beauty. Get the exfoliation, body mask / wrap and massage of your choice. Of course, we can recommend the most energizing of our treatments, the scalp massage is not to be missed.



indicates experiences exclusive to spa blu



indicates restorative experience



indicates energizing experience



## spa treatments: massages

### blu's chaser

Our signature massage, combining Swedish and Asian inspired techniques to restore balance, harmony to your body, mind and spirit. Guaranteed to chase your "blu's" far, far away.

25 min	50 min	80 min
\$59	\$89	\$139

### back and blu

The sport's enthusiasts custom massage. Specifically focusing on those areas that are 'talking back!' This experience is designed for individuals wanting more detailed work on specific muscle groups or areas of chronic pain, includes heat pack treatment.

25 min	50 min	80 min
\$69	\$99	\$159

### blu hue

Select your own custom-blended essential oils that are massaged into your skin, soothing your mood and reviving your body. This sensory experience is pampering at its finest.

25 min	50 min	80 min
\$69	\$99	\$159

### midnight blu

The 'ahhhhh...' massage that calms restlessness, stress and the angst in your life. Combining soothing music, quiet ambiance and soothing scents – this 'night-cap' will replace those sheep you've been counting!

25 min	50 min
\$69	\$99

### royal hawaiian blu

"The art of love and healing through the hands and heart." This traditional Hawaiian form of massage utilizes long, flowing and rhythmic strokes combined with joint mobilization to increase lymph flow and circulation. Lomi lomi bestows upon the body – peace and tranquility.

75 min
\$125



## the art of blu

Ready to really relax? This soothing treatment will soften your muscles while soothing aggravated and inflamed joints by using a therapeutic massage with hot stones. The 'ohhhhh...' massage!

75  
min  
\$145

## head for blu-s

De-stress on the double with this East Indian scalp massage. Designed specifically to target your neck and shoulders from where those aches and pains might be residing, this massage utilizes point and stretch therapy and a unique blu azulene.

25  
min  
\$55

## the blu express

We all have those areas of pain from which we get little relief. Here is our chance to focus attention on the areas where you need it most. Bonus: this massage can also be done fully clothed in our special massage chair for your convenience.

25  
min  
\$50

## the blu bounce

Therapeutic massage on the foot to enhance the flow of energy throughout the body and corresponding organ systems.

25  
min  
\$65

## foot massage enhancement

Add service of foot massage to any of your massage or body treatments.

15  
min  
\$20

## biofreeze enhancement

Cold therapy pain relieving gel treatment.

\$5

## dry-brush enhancement

Add the service of dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.

\$15







## spa treatments: body treatments

### perfect shade of blu

Ready for the ultimate 'all about you' massage? This treatment will take you on an unforgettable experience by reviving your mind, body, and spirit. It begins with a full-body exfoliation utilizing customized masques while you enjoy a scalp massage. The treatment ends with our signature blu's chaser body massage.

75  
min  
\$135

### deep blu

A massage legend that starts with a gentle dry brush to boost your lymphatic system. Then we wrap you in a cozy cocoon of warm milk and honey to exfoliate the skin. While the masque is working on your skin, we will pamper you with a scalp massage for double the relaxation.

50  
min  
\$100

### favorite shade of blu

Pampering for 25 minutes is all you really need when you're getting the ultimate rub down. This includes a full body exfoliation with blu salt and sugar scrub, followed by a lotion application that will leave you all aglow!

25  
min  
\$55

### no longer blu

Feeling a bit blu? Treat yourself to our signature azulene masque. This fabulous treatment will be applied to your body following a full-body exfoliation. A soothing lotion application is the perfect finish to this pampering session. You'll be 'in the pink!' **75-minute includes choice of upper or lower body massage.**

50 min \$98	75 min \$115
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## blu lotus mask

This mask is meant to turn your day from drab to fab! Our mask puts super antioxidant blu lotus to work, reversing the affects of environmental damage and free radicals. Feel as young as you look after this full body exfoliation! The ultimate end to the perfect treat — a full body lotion application. **75-minute includes choice of upper or lower body massage.**

50 min	75 min
\$98	\$115

## blu algae

Using our biggest beauty secret, blue algae, this treatment works to combat cellulite and sagging skin. This session also includes exfoliation, the blue algae wrap, and finally a deep massage that will tell those cellulite areas - hey, "...see ya...!" **75-minute includes choice of upper or lower body massage.**

50 min	75 min
\$98	\$115

## drive-thru blu

Ever shed inches away in 20 minutes without breaking a sweat? This treatment uses a specifically designed body applicator that detoxifies, improves the micro circulation and has an anti-inflammatory effect to tighten your area of choice. You will be wrapped by our professional and ready to go in no time!

20 min
\$60

## bye bye blu's

Feeling relaxed while shedding inches? No — it's not too good to be true! While the wrap works on the targeted area, enjoy a relaxing scalp, neck, and foot massage.

50 min
\$99

## NuFace upgrade

For a "red carpet quick lift", add amazing results to any facial!

\$25

## LED

Trinity Wrinkle Remover delivers LEDs to reduce fine lines and wrinkles and improves skin texture.

\$65 30 min

## cold stone

\$15

## make-up application

Our Master Artists will detail your personal application, utilizing the latest trends, looks and the easiest way to bring out those lovely features.

25  
min  
\$35

## bridal make-up application

Do you need something new and something blu? Come receive the bridal treatment. This application will help smooth the biggest day of your life into perfection.

50  
min  
\$55

## blu butterfly kisses

**Strip** — The perfect makeup accessory. Enhances and boosts your natural lashes for a seamless look **Individual** lash clusters are the closest thing to natural lashes. Fill in and enhance natural lashes temporarily.

\$15 \$25

skin enhancements & make-up





## spa treatments: facials

### blu signature facial

Put your best 'face' forward with our rejuvenating treatment that is high in antioxidants. Whether your skin is dehydrated, dull, needs a boost - or all of the above, your aesthetician can customize the treatment to your needs. This facial includes a thorough exfoliation, soothing treatment mask and moisture balance to create your best look.

25  
min

\$65

50  
min

\$85

### blu age

This turn-back-time facial includes a combination application of antioxidants, peptides, retinol, and other active ingredients valued for their wrinkle-smoothing benefits. You will immediately see a smoother, plumper, and a more revitalized skin that will help you feel and look younger.

50  
min

\$90

### blu glow

Feel your best after this refreshing treatment. Rich in enzymes, this facial removes dead skin cells to reveal your radiant complexion. Pomegranate and cranberry antioxidants strengthen skin while removing bacteria. Combined with salicylic acid, this treatment is recommended for dull, dehydrated, oily and acned skin conditions.

50  
min

\$95

### pro blu

All of us have those problem areas and this facial allows direct targeting! This specialized treatment includes a deep cleansing and detoxifying of your pores, extractions by our trained professionals, followed by healing treatments and serums.

50  
min

\$90

### blu delaine facial

Indulge in a progressive, corrective and nourishing facial. Your skin is cleansed with a super rich, gentle hydrator followed by a second deep cleansing featuring Tee Tree Oil. Buildup is removed while the exfoliation process begins. A Tee Tree Oil gel mask will rid dullness and impurities while unclogging pores. Repair damaged skin via an application of concentrated formula of vitamins layered in soy and a co-enzyme Q10 base. Eye contour cream helps to diminish the appearance of dark circles and reduce overall puffiness. Gorgeous skin! You can also enjoy an express blu delaine facial in half the time.

50  
min

\$90

25  
min

\$65







## little boy blu

Men- it's your turn to get pampered! Designed specifically for your needs, this treatment relieves shaving irritation while purifying, hydrating, softening and addressing aging issues. This facial includes a deep cleanse, enzyme peel, extractions, relaxing massage, purifying mask and moisture balance. Designed to put you back in your happy place.

50  
min  
\$90

## blu-tiful you facial

Because you're 'blu-tiful' you deserve this lactic acid peel with mulberry treatment, designed to smooth fine lines and brighten discoloration by deep exfoliation. Combined with enzyme peel, this treatment delivers magnificent instant results. Perfectly gentle for just before the wedding or a special event.

50  
min  
\$100

## blu 'bacial'

During this treatment your shoulder area will get a purifying and detoxifying mask, extractions and gentle massage. This treatment will give you the confidence to feel like the 'baby got back' real you!

50  
min  
\$80

## blu NuFace facial

"Take time off!" Lift, firm, sculpt! Experience a beautifully lifted face today with the only handheld, micro current device backed by clinical data. Combining our blu signature facial with detailed emphasis on anti-aging skin care that tightens and tones your skin, the NuFace regimen will do more than lift your spirits!

50  
min  
\$85

## blu pumpkin facial

This pumpkin, multi-fruit complex peel is loaded with important antioxidants, beta carotene and is rich in vitamin C. This wonder fruit facial exfoliates skin texture and tone. Pumpkin contains more than 100 beneficial nutrients and reverses the signs of aging. Cleansing, exfoliation, mask and moisturizer (specific to your skin) are included in this ritual.

50  
min  
\$100



## spa treatments: hands and feet

### blu's touch

**Signature Hand Treatment** — Give your hands the special treatment with this deluxe service; includes a soak, scrub, massage, warm paraffin dip and polish of your choice. French polish and/or Vinyl Lux is an additional charge.

50  
min  
\$50

### blu to go

**Express Hand Treatment** — In a hurry? You can still get pampered with this express hand treatment. Includes a hand soak, cuticle maintenance, and lotion application, complete with your choice of polish. French polish and/or Vinyl Lux is an additional charge.

25  
min  
\$35

### my blu heaven

**Foot Treatment** — They say a way to a person's heart is through their feet. Take one step forward with this foot ritual that will have you feeling heavenly. We will exfoliate, attend to cuticles, and surround your feet in warm paraffin to reflect improved health and true beauty. Includes callus elimination and choice of polish. French polish is an addition charge.

50  
min  
\$65

### blu to go

**Express Pedicure Treatment** — This quick treatment is designed for those on the go, but can squeeze in just enough time to feel relaxed with blu. Includes foot soak, cuticle maintenance and lotion application. Finish your sandal-ready tootsies with your choice of polish! French polish and/or Vinyl Lux is an additional charge.

25  
min  
\$45

### switch-a-roo blu

Need to freshen up? We have the latest colors to show those hands and feet off with confidence. French Polish and/or Vinyl Lux is an additional charge.

\$20

### soft blu

**Paraffin Treatment** — Add extra softness and moisture to your skin with this warming and conditioning treatment that will make you feel totally pampered and simply glamorous.

\$25

### french blu

French polish variation application.

\$10

### no chip at blue chip

Shellac manicure service combines the ease of polish with a high gloss shine and extended wear. Includes hand soak, cuticle maintenance, lotion application and your choice of color. French polish is an additional charge.

\$55

### no chip at blue chip removal

Gentle removal of shellac application.

\$5

### vinyl lux

A breakthrough polish that endures a week of fashion perfection without a base coat.

\$8

### private pedicure

A total sensory experience. You will be in a private treatment room with all the attention given to your feet. You will have the pleasure of receiving our signature my blu heaven ritual, coupled with relaxing ambiance.

50  
min  
\$75

## women's haircut

Haircut — Includes Shampoo and Blow-dry

Blow-dry — Short / Long Hair

### Add-Ons:

Thermo Styling: Curling or Flat Iron

Formal Styling

Bridal Styling

\$35	\$45
\$25	\$35

\$15	and up
\$60	and up
\$70	and up

## blow out services

### blu bomb

Who is that gorgeous, exotically beautiful woman? YOU - after our magic with your tresses. Full, flowing and sensual waves will be sure to turn heads!

\$30

### blu bee

We can tease, coax and style your locks into this fabulous iconic look. With the full knowledge that "the higher the hair, the closer to heaven" you will 'wow' even the angels.

\$30

### blu twist

Style that adds spice to the everyday. A new look with a variety of twists and turns.

\$30

### blu braid

Let us assist in a creative way to add style, charm and new 'dos' to your routine. We can design a new you with various techniques. Choose among the many styles available.

\$30

### blu who

Elegant and chic, we can transform your locks with a Gibson tuck or a Victorian twisted up-do.

\$30

## hair color

Semi-Permanent

Root Touch-Up

Permanent

\$50	and up
\$55	and up
\$75	and up

## foil highlights

Short Hair — Crown Only

Short Hair — Full

Long Hair — Crown Only

Long Hair — Full

\$60	and up
\$90	and up
\$85	and up
\$105	and up

## men's hair

Cut & Style

Beard Trim

Gray Blending Service

\$25
\$15
\$20

## add-ons

Low Lights Short/Long

Toner

Deep Conditioning

Pre/Post Deep Conditioning Treatment

Dry Scalp Massage

\$10	\$20
\$10	
\$10	
\$15	
\$15	15 min
\$25	25 min

## waxing

Lip/Brow/Chin

Underarm

Bikini

Full Legs

Half Legs

Back

\$15	
\$35	
\$50	
\$70	and up
\$45	and up
\$60	and up

salon services





## spa packages

### blu moon

This is it! The kind of spa indulgence that comes along — once in a blu moon! Your journey begins with our blu signature facial, followed by our 50-minute blu's chaser massage. Then visit our salon for our blu's touch signature hand treatment and my blu heaven foot treatment. We'll even include an entrée selection from our spa menu.

4  
hrs  
\$310

### tru blu

The mini beauty ritual of blu will revive your body, quiet your mind and center your spirit. The treatment begins with your choice of a blu sugar or salt scrub with a Vichy shower. We'll wrap you in a customized detoxifying body mask to draw out impurities while you enjoy a head for blu's scalp massage and then finish things up with a 50-minute signature blu's chaser massage.

2  
hrs  
\$199

### out of the blu

Re-invent yourself, and anything is possible! Try a current look with a professional wash and style. Compliment your new look with a make-up application and indulge yourself in our blu to go express hand treatment. Beauty at spa blu — that's you!

2  
hrs  
\$106

### sky blu

A perfect pick-me-up when body and spirit need a little TLC! This uplifting package includes: the 50-minute blu hue massage, our blu glow facial, and our 25-minute blu to go pedicure treatment.

2.5  
hrs  
\$230

### midnight blu too

The perfect way to decompress and unwind. Begin things off with our body polish treatment. Calm restlessness and promote relaxation naturally with a full body, 50-minute midnight blu massage and a deeply relaxing foot reflexology treatment. Add Vichy Shower upgrade for additional \$25.

2.0  
hrs  
\$210





## something borrowed – something blu

On your special day, allow us to enhance your lovely glow with a beautiful make-up application – expertly designed by one of our Master Artists. Your hair will be styled to be unforgettably stunning, while our bridal manicure and pedicure, with your favorite shade of blu polish this package will be just the beginning of your perfect day!

2  
visits  
\$330  
and up

## no birthday blu-s

They say it's your birthday - well Happy Birthday To You! Enjoy the 'pampered package' from the blu's best! Begin your day with our signature blu's chaser massage (50 min.) and to put the icing on the cake - a blu's signature facial (50 min.) - exfoliation, soothing mask and moisture balance - the baby face you were born with!

2  
hrs  
\$168

## blu's anniversary waltz

Celebrate that cherished day - together. In a private treatment suite, share a romantic side-by-side couple's massage. Bask in the relaxing and soothing art of blu massage - seventy-five minutes of ahhhhh - complete with soothing scents and a tranquil setting. Say "I do" all over again!

1.5  
hrs  
\$358

## baby blu

We did not forget about you guys! Restore your well-being with a 25 minute salt and sugar scrub, a little boy blu facial treatment and – to put you back on top – a 50 minute signature blu's chaser massage.

2.5  
hrs  
\$235

## new blu

The quickest path to well-being and relaxation. We pamper you with a full body exfoliation utilizing our blu salt or sugar scrub. To further your journey, we'll add an application of our 50-minute signature no longer blu (blue azulene masque), a blu night cap foot ritual and a soothing lotion application. Dream on... and on!

2.0  
hrs  
\$169

## private spa suites

Share the experience with someone special. Choose from our menu of spa services that can be customized to your time allotment and selection preferences.

25 min +\$10	50 min +\$15	80 min +\$20
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## transformation suite

Customize a special event in our transformation suite, perfect for bridal parties or any special occasion - or just a fun prelude to your girls' night out. You'll enjoy first-class hairstyling and make-up services of spa blu along with food and beverage service.

2  
hrs  
\$100



## hours of operation

Spa facility by appointment only.

Monday – Friday 9:00am – 7:00pm

Saturday 8:00am – 8:00pm

Sunday 8:00am – 5:00pm

## fitness center

Please call for rates.

Monday – Sunday 6:00am – 8:00pm

## reservations

It is never too soon to make your spa appointments. Advance reservations are strongly recommended. Please contact us by phone at 219-861-4812 or 888-879-7711, ext. 2583.

## gratuities

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. You are welcome to leave gratuities at your discretion.

## arrival time

Please arrive at least 20-30 minutes prior to your scheduled appointment time. This will allow sufficient time for you to change into spa attire, have a soothing cup of tea and unwind in our lounge areas.

## privacy levels

We are a cell phone and pager free facility. To ensure a tranquil atmosphere for all guests, please turn off cell phones and pagers prior to your arrival. We are also a smoke-free facility.



## what if i am running late?

As our treatments are scheduled on the hour, if you arrive late for your appointment, your treatment will be shortened accordingly. The full price of the treatment will be applied.

## cancellation policy

A credit card will be required to make reservations for all guests. Cancellations should be made 4 hours prior to your treatment. There will be a 50% charge for all services cancelled within 4 hours. Failure to show for your appointment will result in a 100% charge for missed services. Arriving 15 minutes late for a 50-minute service, or 5 minutes late for a 25-minute service may result in forfeit of treatments, with 100% charge for missed appointments.

## attire

Wear whatever is comfortable. We will provide a robe and slippers for your visit. During treatments, our therapists are trained to drape you appropriately for privacy and comfort. For hydro or wet room treatments, you may bring your own bathing suit.

## location

We are located on the second floor of the SPA BLU TOWER.

## what if i am pregnant?

A pregnant client needs to focus on what will make her body feel especially good during this special time of her life. We suggest avoiding treatments using deep pressure, hot stones, wraps and aromatherapy facials. All treatments for pregnant women can only be performed after the first trimester.

## payment

We accept all major credit cards and cash. Spa services may also be charged to your hotel account. All prices are subject to change without notification.

## age appropriate services

Spa guests must be 18 years of age or older.



The complete restorative and energizing spa experience from Blue Chip. Between whirlpools and hot stones, steam rooms and pedicures, feelings of energy and serenity surround you. New ways to enliven mind, body and spirit await, right here at spa blu.



## hours of operation

### spa facility:

Monday – Friday 9:00am – 7:00pm

Saturday 8:00am – 8:00pm

Sunday 8:00am – 5:00pm

\*by appointment only

### fitness center:

6:00am – 8:00pm

777 Blue Chip Drive  
Michigan City, IN 46360  
888-879-7711, ext. 2583  
[BlueChipCasino.com](http://BlueChipCasino.com)

For more information and a list of our skin, body and hair products, please stop by or visit our website.

\*Prices and hours are subject to change.

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